


# JULY 2017 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<b>FITNESS ROOM HOURS</b> Monday-Friday 8:30am - 8:00pm Saturday-Sunday 12:00pm - 6:00pm					1
2	3 Drop In Activities NO Shape-Up	4 <b>HAPPY 4<sup>TH</sup> OF JULY</b>  <b>SENIOR CENTER CLOSED</b>	5 Shape-Up 10:30am Pinochle 12:30pm	6 Wii Open Bowl 9-11am Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	7 Drop In Activities NO Chair Yoga	8
9	10 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	11 NO Line Dance Crochet 11am HAPPY EVERYTHING PARTY 11:30 am Rummy 12:30pm NO Tai Chi NO Pickleball Wii Open Bowl 1-3pm	12 Shape-Up 10:30am Euchre 12:30pm Group Coloring 1pm	13 Wii Open Bowl 9-11am Zumba Gold 10am Stroke Club Outing 11:00am Computer Tutor 1-3pm Pickleball 1-3pm	14 Drop In Activities Dr. Farrar 9:30-11am Chair Yoga 12:30pm	15
16	17 Shape-Up 10:30am Sit 'n Knit 11am	18 Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Wii Open Bowl 1-3pm	19 Shape-Up 10:30am Ice Cream in the Lobby Noon-1pm Pinochle 12:30pm	20 Wii Open Bowl 9-11am Jimmy John's Field 9:30am - 2:30pm Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	21 Drop In Activities	22
23	24 Shape-Up 10:30am Sit 'n Knit 11am Blood Pressure 12-1pm	25 Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Wii Open Bowl 1-3pm	26 Shape-Up 10:30am Euchre 12:30pm	27 Veteran Services 9am-1pm Wii Open Bowl 9-11am Zumba Gold 10am Red Hat Outing 9:30am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	28 Drop In Activities	29 Cleveland Trip Departs
30 Cleveland Trip Returns	31 Shape-Up 10:30am Sit 'n Knit 11am					

# AUGUST 2017 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<b>FITNESS ROOM HOURS</b>  Monday-Friday 8:30am - 8:00pm  Saturday-Sunday 12:00pm - 6:00pm	1 Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Wii Open Bowl 1-3pm	2 Shape-Up 10:30am Pinochle 12:30pm	3 Wii Open Bowl 9-11am Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm Sizzlin' Summer Night 6-10pm	4 Drop In Activities	5
6	7 Dollar Donut Day 9-11am Shape-Up 10:30am Sit 'n Knit 11am	8 MEIJER GARDENS TRIP DEPARTS 7:15am Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Wii Open Bowl 1-3pm	9 Shape-Up 10:30am Euchre 12:30pm	10 Wii Open Bowl 9-11am Zumba Gold 10am Stroke Club 12:30pm Computer Tutor 1-3pm Pickleball 1-3pm	11 Drop In Activities	12
13	14 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	15 Line Dance 10am Crochet 11am Rummy 12:30pm Tai Chi 12:30pm Pickleball 1-3pm Wii Open Bowl 1-3pm	16 Shape-Up 10:30am Pinochle 12:30pm Dr. Murphy 1-2pm	17 Wii Open Bowl 9-11am Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	18 Drop In Activities	19 Bargain Hunters 9am - 2pm
20	21	22	23	24	25	26
***REC AUTHORITY***						
27	28	29	30	31		
***BUILDING SHUTDOWN***						