

RUN HOT LINE (586) 445-5480 - Monday through Friday - 8:00 a.m. To 4:30 p.m.
COURSE RECORDS 10K (Men) SELL 29.59 (Women) CONNOR 34.28 4K (Men) MONNETT 12.19 (Women) McNIFF 13.29

Recreation Authority of Roseville and Eastpointe
 18185 Sycamore St.
 Roseville, MI 48066

38th Annual "BIG BIRD" RUN 10K - 4K - 1 Mile Run/Walk

Directed by the
 Recreation Authority of Roseville and Eastpointe
 Assisted by the
 Roseville Police Department



SUNDAY, NOVEMBER 13, 2016

Assisted by:
 Roseville Kiwanis • Lions Club,
 Roseville Optimist Club • A.S.P.I.R.E.
 Roseville Goodfellows • MiDOG
 Eastside Teen Outreach • East Detroit High School
 & Roseville High School Band Boosters

1 Mile Run/Walk • 10:00 a.m. Start
4K - 10:15 a.m. Start • 10K - 10:20 a.m. Start

Sponsored By:

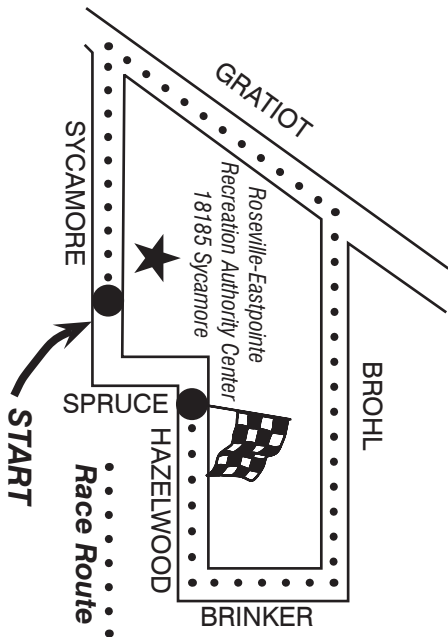


Savings Made Simple

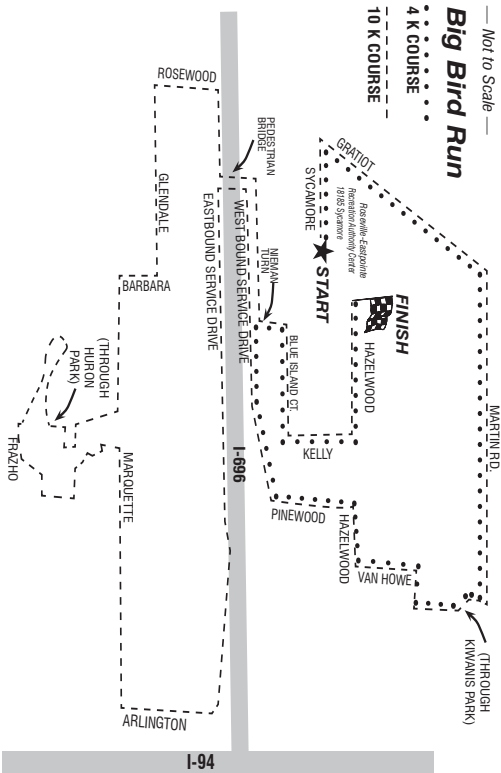
Register on-line at
www.eastsideracingcompany.com

PRST STD
 US POSTAGE
PAID
 PERMIT NUMBER 106
 ROSEVILLE, MI

1 Mile Run / Walk



4 K & 10 K Race



RACE COURSE



Savings Made Simple

ROYAL OAK
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GROSSE POINTE WOODS
 20964 MACK AVENUE
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**HANSONS RUNNING SHOP COUPON
 FINAL SUMMER CLEARANCE**

30% OFF OF ALL SHORTS AND SINGLETs
20% OFF ALL RACING FLATS, TRAIL SHOES AND WALKING SHOES
10% OFF ALL RUNNING SHOES

VALID ON IN STOCK MERCHANDISE ONLY • NO ADDITIONAL DISCOUNTS APPLY
 COUPON VALID THROUGH RACE DAY AT ALL HANSONS LOCATIONS

LAKE ORION
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UTICA
 8409 HALL ROAD
 (586) 323-9683

2016 "Big Bird" Run Entry Form (11-13-16 • 10:00 a.m.)

Please type or print. Only one runner per form.

Name _____
 Address _____
 City, State, Zip Code _____
 Phone Number _____
 E-Mail Address _____

NOTE: All Big Bird Run races will be scored using a D-Tag timing system.

OFFICIAL USE ONLY:	
Code	#
Check One Amount Submitted (Pre-Registered) <input type="checkbox"/> 10K (BY OCT. 1) (BY APRIL NOV. 9) Race Day <input type="checkbox"/> 4K with shirt <input type="checkbox"/> \$25.00 <input type="checkbox"/> \$30.00 <input type="checkbox"/> \$35.00 (USA) <input type="checkbox"/> Mile without shirt <input type="checkbox"/> \$20.00 <input type="checkbox"/> \$25.00 <input type="checkbox"/> \$30.00 T-Shirt Size: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL Birthdate _____ Age Race Day _____ <input type="checkbox"/> Male <input type="checkbox"/> Female	

PLEASE READ THE FOLLOWING: This form is invalid if not signed. IMPORTANT! Running a distance race involves risks of serious injury. Surface defects may exist on the course. Motorists, cyclists, pedestrians and animals may accidentally or deliberately create hazards. Also, inclement weather, or the physical strain of running in the race itself can lead to serious health problems. I have read and understand this statement and agree to assume all risk of personal injury or other physical or emotional ailment. I hereby waive all liability or claims against the City of Roseville, Recreation Authority of Roseville and Eastpointe, Roseville Police Department, Pettipren Inc., Roseville Optimists Club, Roseville Kiwanis, Lions Club, East Detroit High School & Roseville High School Band Sponsors, Eastside Teen Outreach, A.S.P.I.R.E, Roseville Goodfellows and all race workers, volunteers and sponsors for any injuries and ailments that I may incur from participating in this event.

Runner's Signature: _____

Parent or Guardian's Signature (if under 18): _____

Return to: Big Bird Run, 18185 Sycamore Street, Roseville, MI 48066
 Check or Money Order Payable to: R.A.R.E by 6pm, Nov. 9. No checks will be accepted on Race Day.

Awards: Distinctive awards in five age groups will be given by Pettipren, Inc. to male and female division winners in the 4K Run: (12 and under, 13-20, 21-34, 35-49, 50 and older.)

1 Mile Run/Walk Statistics

Distance: 1 Mile.
Course: Start and finish at the Recreation Center. Course is routed around the block and is a true mile.
Awards: Trophies to the top three male and female finishers in Fun Run 15 & older and 14 & under age categories.

Important Information

Entry & Fee

10K - 4K - 1 Mile run entry form must be completed, signed and submitted with the fee.
FEE WITH SHIRT: \$25.00 through Oct. 1; \$30 Oct. 2 through 6pm Nov. 9. \$35.00 Race Day (cash only)
 No registration accepted on Thursday or Friday, Nov. 10 & 11, 2016. Canadian funds: \$35.00 cash only (no Canadian fund checks). Canadian Money will not be taken on Race Day. American Funds Only!
 (No Checks on Race Day) Make check payable to: **R.A.R.E;**

18185 Sycamore Street, Roseville, MI 48066.
 ENTRY FEE WITHOUT SHIRT IS LESS \$5.00 (\$30.00 on Race Day Without Shirt).
 Proceeds to the sponsoring service organizations.
ENTRY FEE IS NON-REFUNDABLE.

Shirt and sponsor items available to runners on first come - first served basis (700 available).

Race Day Facts

Report to the Recreation Authority Center at 18185 Sycamore (1 Block North of I-696, 1/2 Block E. of Gratiot). Pre-registrants please pick up packets by 9:00 am on race day. Race day registration starts at 8:00 am. Those registered by 11-9-16 are encouraged to pick up packets on Friday, 11-11-16, from 9:00 am - 6:00 pm. Refreshments, post-race activities and award presentations will be held in the Recreation Center Gym immediately following the run.

All finishers of 10K, 4K and the 1 Mile will be entered in the drawing for "BIG BIRDS" (turkeys) and other prizes. (Must be present to win).

Parking

Parking is limited near the Rec-Center. Parking is available at Costco on Gratiot, away from the store. Please arrive early.

Roseville "Big Bird" Run Sunday, November 13, 2016

1 Mile - 10:00 a.m.; 4K - 10:15 a.m.; 10K - 10:20 a.m.

10K Statistics

Distance: 6.2 miles certified by USA Track & Field.
Course: Start and finish at the Recreation Center. Includes a circular ramp, pedestrian bridge over I-696 (the only hill on the course). Safe and accurate with mile markers and splits at each mile.

Age Divisions

MEN	14 & Under	35-39	60-64
	15-19	40-44	65-69
	20-24	45-49	70-74
	25-29	50-54	75-79
	30-34	55-59	80 & Older
WOMEN	14 & Under	35-39	60-64
	15-19	40-44	65-69
	20-24	45-49	70-74
	25-29	50-54	75 & Older
	30-34	55-59	

Awards

Each age division winner in the 10K run will receive distinctive awards from Pettipren Inc., Distributors of Michelob Ultra. Other awards through 3rd place in popular divisions of the 10K.

Race Summary

2013 Conditions: Windy & Cloudy 47 degrees, Men's Winner: Jason Bruscha (35.36), Women's Winner: Cory Connor (34.28).

2014 Conditions: Cloudy & Windy, 30 degrees, - Participation: 601. Men's Winner: Joey Burrelle (32.28). Women's Winner: Emma Wilson (39.11)

2015 Conditions: Mostly Sunny & Breezy, 50 degrees, - Participation: 685. Men's Winner: Zechariah Jean (34.18). Women's Winner: Amber Dermyre (38.33).

4K Statistics

Distance: 2.5 Miles

Course: Start and finish at the Recreation Center. Follows the 10K course to the Nieman turn. **Please no walkers in the 4K.**