


# JULY 2018 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 NO Shape-Up Sit 'n Knit 11am	3 NO Line Dance Crochet 11am Wii Open Bowling 11am-2pm Rummy 12:30pm Pickleball 1-3pm	4  SENIOR CENTER CLOSED	5 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	6 Drop In Activities	7
8	9 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	10 Line Dance 10am Crochet 11am Wii Open Bowling 11am-2pm Rummy 12:30pm Pickleball 1-3pm	11 Shape-Up 10:30am Euchre 12:30pm	12 Zumba Gold 10am Stroke Club Outing 11:00am Pickleball 1-3pm	13 Drop In Activities Dr. Farrar 9:30am	14
15	16 Shape-Up 10:30am Sit 'n Knit 11am	17 Line Dance 10am Crochet 11am Wii Open Bowling 11am-2pm Rummy 12:30pm Pickleball 1-3pm	18 Shape-Up 10:30am Pinochle 12:30pm	19 Zumba Gold 10am Stroke Club 12:30pm Ask-a-Lawyer 1-3pm Pickleball 1-3pm	20 Drop In Activities	21
22	23 Shape-Up 10:30am Sit 'n Knit 11am National Vanilla Ice Cream Day 11:30am-12:30pm Blood Pressure 12-1pm CARE Seminar 12:30pm Coloring 1pm	24 QUILT GARDENS DEPARTS 6:45am Line Dance 10am Crochet 11am Wii Open Bowling 11am-2pm Rummy 12:30pm Pickleball 1-3pm	25 MCHD Outreach 9am - Noon Shape-Up 10:30am Euchre 12:30pm	26 Red Hat Outing 9am Veteran Services 9am-1pm Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	27 Drop In Activities	28
29	30 Shape-Up 10:30am Sit 'n Knit 11am Belton Hearing Screening 11am-1pm	31 Line Dance 10am Crochet 11am Wii Open Bowling 11am-2pm Rummy 12:30pm Pickleball 1-3pm			<b>FITNESS ROOM HOURS</b> Monday-Friday 8:30am - 8:00pm	

# AUGUST 2018 – SENIOR ACTIVITIES

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<b>FITNESS ROOM HOURS</b> Monday-Friday 8:30am - 8:00pm		1 Shape-Up 10:30am Pinochle 12:30pm Dr. Murphy 1-2pm	2 Zumba Gold 10am Stroke Club 12:30pm Senior Day at the DIA Noon-3:30pm Pickleball 1-3pm Sizzlin' Summer Night 6-10pm	3 Drop In Activities	4
5	6 Shape-Up 10:30am Sit 'n Knit 11am	7 Line Dance 10am Crochet 11am Wii Open Bowling 11am-2pm Archives Road Show 12:30 pm Rummy 12:30pm Pickleball 1-3pm	8 Shape-Up 10:30am Euchre 12:30pm	9 Zumba Gold 10am Stroke Club 12:30pm Pickleball 1-3pm	10 Drop In Activities	11
12	13 Shape-Up 10:30am Sit 'n Knit 11am Fun Bingo 1pm	14 Line Dance 10am Crochet 11am Wii Open Bowling 11am-2pm Rummy 12:30pm Pickleball 1-3pm	15 Shape-Up 10:30am Pinochle 12:30pm	16 Zumba Gold 10am Senior Day at the DIA Noon-3:30pm Stroke Club 12:30pm Pickleball 1-3pm	17 Drop In Activities	18 Bargain Hunters 9am-2pm
19	20	21	22	23	24	25
<b>***REC AUTHORITY***</b>						
26	27	28	29	30	31	
<b>***BUILDING SHUTDOWN***</b>						