

11:30 am at the Rec Authority  
\$3.00 Cost Share Donation

# July Lunch Menu

Macomb County  
Residents 60 and older

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Baked Ham, Sweet Potatoes, Mixed Greens, Peaches & Corn Bread	<b>3</b> Cheeseburger, Potatoes, Baked Beans, Watermelon & <b>Chocolate Chip Cookie</b> <b>Independence Day Party</b>	<b>4 Program Closed</b>  4th of July	<b>5</b> Polynesian Chicken Breast, Baked Potato, Green Beans, Mixed Berries w/ Whipped Topping & Roll	<b>6</b> Submarine Sandwich, Pasta Salad, <b>Italian Wedding Soup &amp; Apple</b>
<b>9</b> Swedish Meatballs Over Egg Noodles, Carrots, Broccoli Raisin Salad & Pineapple Dessert	<b>10 Breaded Chicken Salad, Twice Baked Potato Soup, Pear &amp; Corn Bread</b>	<b>11</b> Potato Crunch Pollock, Rice Pilaf, Malibu Vegetables & Vanilla Yogurt w/ Strawberries	<b>12</b> BBQ Chicken, Au Gratin Potatoes, Spinach, Cantaloupe w/ Honeydew & Biscuit	<b>13</b> Teriyaki Beef Dippers, Round Potatoes, Garden Salad, Fruited Gelatin & Dinner Roll
<b>16</b> Bratwurst, Potato Salad, Savory Sauerkraut & Apricots	<b>17</b> Crispy Chicken, Roasted Potatoes, Cucumber, Tomato w/ Onion Salad, Watermelon & Corn Bread	<b>18</b> Stuffed Cabbage, Mashed Potatoes, Garden Salad & Mixed Berries w/ Whip Topping <b>Birthday Party</b>	<b>19</b> Chicken Parmesan, Round Potatoes, Carrots, Fruited Gelatin & Dinner Roll	<b>20</b> Chef Salad, <b>White Bean Soup w/ Pasta and Spinach</b> Banana & Pita Bread
<b>23</b> Sweet & Sour Meatballs Over Rice, Corn, Creamy Coleslaw, & Mandarin Oranges w/ Pineapple	<b>24</b> Tuna Salad On Croissant, Macaroni Salad, <b>Broccoli Cheese Soup &amp; Pear</b>	<b>25</b> Turkey, Sweet Potatoes, Green Beans, Strawberries & <b>Gingerbread Man Cookie</b> <b>Christmas in July Party</b>	<b>26</b> Orange Chicken, Scaloped Potatoes, Broccoli Cauliflower Salad & Honeydew w/ Cantaloupe	<b>27</b> Rotini "Spaghetti", Carrots, Garden Salad, Vanilla Yogurt w/ Blueberries & Italian Bread
<b>30</b> Pork Chop Suey, Brown Rice, Vegetable Egg Roll, Brown Bean Salad & Peaches	<b>31</b> Turkey Enchilada Casserole, Refried Beans, Garden Salad & Mixed Berries w/ Whip Topping			